

# UMS Dodgeball Tournament

## Official Rules and Regulations

### **Teams**

Teams eligible to play in the tournament consist of pre-registered students grouped in 6-8 players with at least two boys and two girls on each team. Teams are separated into divisions based on grade.

### **The Game**

Dodgeball is played with teams of 6-8 players throwing balls at the opposing team. 6 players are on the court for each team at a time. Additional players are used as substitutes and rotate in when a player on their team catches a ball. All legal hits, catches and player actions must take place within the court boundaries, which are well marked on the gym floor. The game uses 6 regulation-sized dodgeballs. Each game lasts 3 minutes.

The first team to eliminate all opposing players is the winner. If after three minutes, players remain, the team with the most remaining players is the winner. In cases of a tie, teams will go into “sudden death”.

### **Rules of the Game**

*Getting “out”.* The goal of dodgeball is to eliminate (“get out”) the opposing team’s players by striking them with a ball. A player is out if he or she:

- 1) Is hit by a ball at or below the shoulders
- 2) Throws a ball that is caught
- 3) Steps on or over a boundary line
- 4) Drops a ball he/she is using to block
- 5) Hits another player with a ball in the head

Dodgeball is a self-regulated sport and works on the “honor system.”

Players should know the rules and recognize when they are out.

Referees will call players out. Players must obey all referee calls.

Because dodgeball is a very fast paced game, players and spectators must understand that not every referee call can be perfect. If called out, players simply get back in the queue and wait to go back in. **Referees, volunteers and UMS staff have the right to eject players for:**

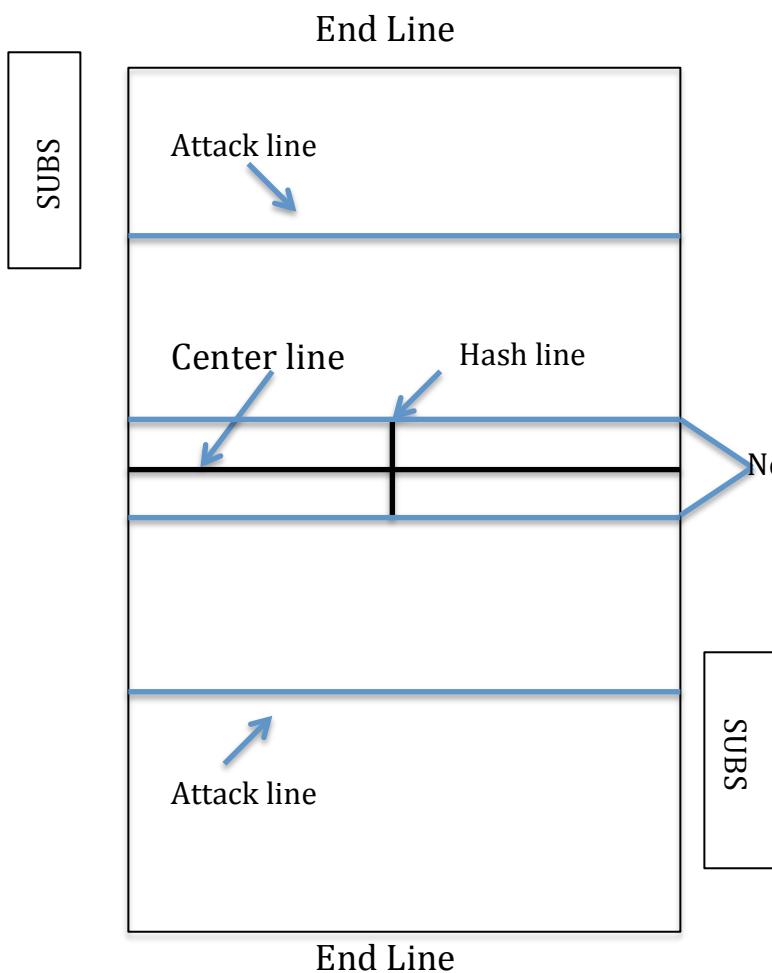
**Arguing with the referees, head shots, intentional roughness, foul**

**language, taunting, or any other behavior they feel is unsportsmanlike.** Please remember, this is for fun!

## Playing the Game

The staging area for teams up next is on the stage. Please check the schedule and report to the stage with your entire team ten minutes before your start time.

6 players from each team line up on the end lines of their side of the court. 6 balls are placed along the center line. Each team is designated 3 balls to start on the right side of the hash line. When the referee blows the whistle, the 3-minute game begins and players may go for their balls. All balls must be thrown from behind the attack line. Players have 10 seconds to throw the ball and may posses one ball at a time. (No holds or gathering balls allowed.) Players may rotate in substitutes within the game time limit when their team catches a ball. Dodgeball relies on honesty from its players. Know the rules and know if you are out. All referee calls stand. The UMS gym will have two courts and games will be occurring simultaneously.



If you have any questions about the tournament, please contact the Dodgeball team at:

---